



Information on Retreats being held in 2010

27.02.10 – 7.03.10

ZeroPoint

The retreat we are running is called ZeroPoint.

It is an 8 day silent retreat "Embracing Heaven and Earth".

The retreat is only open to individuals who have completed thePoint or truePoint.

Our webs site is www.truepoint.co.za.

Contact details Gail Klinkert 0825523370 or email gail@truepoint.co.za

19.03.10 – 22.03.10

Drakensberg Mountain Retreat Centre

"For Yourself " Sensual Healing Retreat for Women - 19th - 22nd March (3-night retreat over the long weekend) - Northern Drakensberg

Facilitators: Ma Anand Leandra & Dr. Kantha Gareeb

A beautiful retreat for women utilising art therapy methods as well as tantric arts.

A Durga Tantra School event: www.durgatantraschool.co.za

8.04.10 – 11.04.10

SHAKTI MALAN

The practice of Tantra invites you to be fully alive, without judgment or suppression of anything that is in your life. It beckons you into a state of unconditional love, where existence itself becomes the beloved. It opens your heart and your being to the presence of your sexual beloved in blissful, transformative meditation.

Shakti and Stephen, the presenters

Shakti Malan is presenting this retreat and will be assisted by Stephen Tredrea. We are both members of the Advait Tantraschool (tantraschool.co.za). Shakti is a dakini (female tantra teacher) with a full and lively practice based in Cape Town and has been running retreats across South Africa. She has extensive experience in retreat facilitation and a deeply lived understanding of Tantric work. She holds Ph.D. in Social Anthropology. For more on Shakti's work and approach, see shakti.co.za and totalitytherapy.com. Stephen is a daka (male tantra teacher) who beautifully embodies in his life and work the right approach of the masculine towards the feminine. For more on Stephen, see stephentredrea.com

23.04.10 – 28.04.10

NIA and YOGA WEEK-END RETREAT

-Susan Muttitt & Aryo Jacobson

The retreat is held at the beautiful Drakensburg Mountain Retreat & includes a joyful mix of Nia and Yoga, as you connect with the elements of nature and enjoy easy meditation walks in the magnificent, expansive hills.

SPECIAL GROUP RATE INCLUDES:

3 NIGHTS ACCOMMODATION with 3 meals / day

TOTAL COST of weekend: R3 800 / person (for luxury accommodation call to discuss price)

Take advantage of early-bird discounts as per below:

R3 800 full price if you book before the Retreat in April

R3 500 if you book before 28th Feb

R3 300 if you book before 15th Feb

To view venue, look at www.drakensbergretreat.co.za

Call 011 880 5223 to book your place asap or

e-mail info@niagp.co.za

30.04.10 – 3.01.10 (2 night residential retreat)

Tantric Fire Couple's Retreat- Northern Drakensberg

Facilitators: Ma Anand Leandra & Saheer (Dolf Theron)

A beginners retreat for couple's wishing to re-connect and enhance their relationship on all levels, emotionally, spiritually and sensually. (Advanced Tantric Fire Retreats will be held with Leandra and Nils Kreidner (Germany) in the latter half of the year and are open only to participants of the beginners retreat.) A Durga Tantra School event: www.durgatantraschool.co.za

4.05.10 – 9.05.10

The Journey Africa

P.O. Box 1870, Bedfordview, South Africa, 2008

T: 0861 10 22 23 SA only

T: + 27 (0)11 6084481

F: +27 (0) 866 132 131

E-mail: infosa@thejourney.com

Web: www.thejourney.com

21.05.10 – 23.05.10

Rochelle – details still to be given.

28th - 30th May (2 night residential retreat)

Come Together Single's Retreat

Facilitators: Ma Anand Leandra & Yashordan

A beginners retreat for single men and women. Learn and experience what Tantra is about through a variety of experiential exercises and tantric rituals aimed at understanding the masculine and feminine more deeply. A wonderful opportunity for men and women to meet and make new friends. A Durga Tantra School event: www.durgatantraschool.co.za

16.06.10 – 19.06.10

Rochelle – details still to be given.

10.07.10 – 14.07.10

Rochelle – details still to be given.

10.08.10 – 15.08.10

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2.09.10 – 5.09.10

Rochelle – details still to be given

18.11.10 – 21.11.10

Rochelle – details still to be given

28.11.10 – 5.12.10

ISAAC SHAPIRO RETREAT

The retreat is an invitation to know and embody the deliciousness of the love affair with Totality.

An invitation to recognize That which has, is and always will be, the ground of everything.

Contact Marianne at afletcher@icon.co.za for more info or registration. Our website is isaacshapiro.org

19th December - 9th January (21 day intensive residential retreat)

International Tantra Teacher Training in Sahaja Tantra

Trainers: Nils Kreidner, (<http://www.sahaja-tantra.de/>) Sophie Winkler, Ma Anand Leandra

The first internationally recognised Tantra teacher training intensive in South Africa.

Whether you are wanting to take up teaching Tantra professionally or would like to simply experience Tantra intensively, this training is for you. This training is accredited by the National Institute of Tantra South Africa (NITSA) www.tantra-south-africa.co.za

The training will be in English and German

A collaboration between:

Conscious Living Tantra School, Dresden (Germany): www.wahrhaftig-leben.de

Sahaja Tantra, Berlin (Germany): [www.http://wahrhaftig-leben.de/sahajatantra/seite23.html](http://www.wahrhaftig-leben.de/sahajatantra/seite23.html)

Durga Tantra School (South Africa) www.durgatantraschool.co.za